

CUUF Link

Cascade Unitarian Universalist Fellowship



Our Worship Services

Traditional Services

Our traditional services begin at 10:30am and end at 11:45am with messages given by Rev. Laura Shennum, guest speakers or members of CUUF. Childcare is available for nursery and preschoolers each Sunday. On the second and fourth Sundays, we have worship for all ages. On the first and third Sundays, children K-5 have religious exploration classes. Please join us for coffee, treats and fellowship immediately following the service.

**Our theme from March 4-11 will be The Senses.
Our theme from March 18-April 8 will be Hope and Doubt.**

March 2018

OUR MISSION:

Seek inspiration and understanding,

Embrace all on their individual spiritual journeys,

Serve our local and world communities.

VISITORS ARE ALWAYS WELCOME!

We affirm the inherent worth and dignity of all people.

We welcome diversity of race, age, abilities, sexual orientation, culture, and religious background.

CUUF Minister:

Rev. Laura Shennum
881-9658
minister@cascadeuu.org

RE Director:

Dylan Spradlin
886-4023
redirector@cascadeuu.org

Office Assistant:

Sharon Page
886-4023
admin@cascadeuu.org

Cascade UU Fellowship

1550 Sunset Highway
East Wenatchee WA
98802
(509) 886-4023
www.cascadeuu.org

March 4, 2018

A Touchy, Feely World

10:30am Service:

Rev. Laura Shennum
Celebrant: Chris Rader

We all experience touch in different ways. It can be a comfort or it can be a harm. We will explore our relationship with touch and how it affects our relationships with each other.

March 11, 2018

The Bitter With the Sweet

10:30am Service

Rev. Elizabeth Stevens
Celebrant: Deb Miller

Life brings us all a smorgasbord of experiences- joy and sorrow, laughter and tears, pain and beauty. This service will invite us to savor a variety of flavors, while reflecting on the ways we are nourished and strengthened by memories, both good and challenging.

March 18, 2018

Leaving Scare City Behind

10:30am Service

Rev. Laura Shennum
Celebrant: Sharon Page

Fear has the ability to shape our perceptions of the world around us. It can cause us to see scarcity, instead of abundance. We will explore how we shape our perceptions to open up to abundance and leave scarcity behind.

March 25, 2018

Making Callaloo

10:30am Service

Rev. Laura Shennum
Celebrant: Christina Davitt

Join us for a fun story about a village in Trinidad and the Callaloo soup they make to honor their community. We will explore how we make our own form of Callaloo.

A MESSAGE FROM REV. LAURA SHENNUM

Holy Curiosity...



“Doubt isn't the opposite of faith; it is an element of faith” - Paul Tillich

*“Hope is the thing with feathers, that perches on your soul,
and sings the tune without words, and never stops at all.” - Emily Dickinson*

The business of hope and doubt is quite a tricky one. If we focus too much on hope, then labels of idealistic or dreamer become definitions. If we focus too much on doubt, then we have the challenge of even accessing hope. I think there is a healthy balance between the two, maybe we can call it a doubtful hope.

When we hold hope softly and give it a chance to create a desire for us to be co-creators in our world, then we can allow for realistic outcomes to influence our optimism. The same goes for doubt: when we hold it gently, and let it place caution into our ideas about hope, then we allow for multiple opportunities to spring out of the hope we are holding. For instance, our conversations about the future of our CUUF community is an example of how we have held hope and doubt softly. We understand we need more space and we understand the outcome of what that space looks like is still in a matter of doubt or flux. I am proud when our community has the capacity to hold this healthy balance. It reinforces our care for each other and the care for our community.

How does this healthy balance of hope and doubt show up in your life? We will continue to explore this relationship later in March and into early April. I look forward to talking to you more.

In Faith & Love,

Rev. Laura



A MESSAGE FROM OUR BOARD PRESIDENT

Seek, Embrace, Serve

My dear friends,

It is such a delight to serve as your President and as a member of the Board of Trustees. Please check out the Board update later in this newsletter for the Board's accomplishments and planning from the February Board meeting. Your Board is doing amazing work so please thank them when you see them – Jame-son O'Neil, Jeff Lau, Angela Morris, Julie McAllister, Patty Ostendorff and Vern Smith. Each one brings their own gifts and talents to serve as leaders of this congregation and for that I am grateful!



The Board recently voted on the congregational goals for this coming year's budget and I wanted to highlight them for you:

- ♦ Move staff salaries toward the UUA's mid-range recommendation for our region. Our staff, including our minister, is not yet at the recommended mid-range level. Fair pay for our minister and staff must be a priority for us as we live out our UU values.
- ♦ Increase Religious Education Director presence from 10 to 15 hours per week. While not a large increase in hours, this will allow the Religious Education Director to take on more responsibility for working with families and developing programs.
- ♦ Commission a Ministerial Intern. A Ministerial intern is someone who is in seminary, in the process of becoming a minister. As part of their education, they are placed with a UU congregation for learning and service. Our vibrant, growing congregation is an excellent place for a Ministerial Intern. We can help shape the future of Unitarian Universalist ministry, while benefiting from additional support in worship and programs.
- ♦ Purchase an expandable assisted hearing system. The top disability among Americans is hearing loss and we need to provide hearing assistance for those who need it – both members and visitors.
- ♦ Provide funding for lay leadership development. Investing in our people is critical at this time. It is said that for every UU minister, there should be at least 10 well-trained lay people to assist in worship and programming, not to mention vital committee work, pastoral care and outreach. Let's show our faith in those who share their gifts of leadership and service by training them so that we reap the benefits when they stay to lead us upward and onward.

Yes, those are big goals for this budget, but we recently certified to the UUA (Unitarian Universalist Association) that we have 138 members – fantastic!! I am very confident that we can meet our goals as we are the people we have been waiting for to lead CUUF into the future with our gifts of time, talent and treasure. See you at the Fellowship!

Joining you in our mission to seek, embrace and serve,

Christina



RELIGIOUS EXPLORATION

Greetings!

I don't know about you, but I am fully ready for SPRING! As we transition to a new season, we'll be talking about transitions in Youth Group, and teaching our younger kids about getting involved and taking action to support a cause.

This month our Youth Group will explore the idea of change as a growth experience, reflect upon some of the transitions which occur in our lives, and challenge the way we think of grief and loss. We will explore more deeply the concepts of heaven and hell, death and dying, life after death and near-death-experiences and delve into the idea of After-Death-Communication.

In March we will finish up learning about our 5th UU principle begin learning about our 6th. Our first session demonstrates how children can affirm and promote our fifth Unitarian Universalist Principle, the right of conscience and the use of democratic process. Participants will learn about our Association's leadership role in contemporary justice issues and the impact Unitarian Universalist children and adults had when they sent thousands of handmade valentines to California governor Arnold Schwarzenegger to promote marriage equality. The group will choose an issue they are concerned about and give voice to their convictions in post-cards or a petition to congregational leaders or government lawmakers. We will add the signpost "Get Involved" to our Faithful Journeys Path.

March 17th we will explore the sixth Unitarian Universalist Principle, the goal of world community with peace, liberty, and justice for all. They hear about Adin Ballou, a Universalist Christian pacifist who helped establish the Hopedale Community, where members worked to create a new way of living based on the teachings of Jesus. Participants create peace pin-wheels that represent their hopes for peace in our world. We add the signpost "Make Peace" to the Faithful Journeys Path.

We will also write letters for our pen pals in Ellensburg this month!

Happy Spring!



Dylan

CUUF BOARD UPDATE

First of all – fantastic news – we certified to the UUA that we have 138 members. Hooray!

Board Approved

1. Charters for Membership, Pastoral Care and Hospitality Teams and a revision to the Finance Committee Charter
2. Contingency Fund: Funding with an investment of 10% of the operating budget up to a full one year's operating budget. We anticipate this will take 12-13 years and we are planning ahead in case of disaster.
3. Values Based Spending Guideline – so that the purchases we make with your dollars that come through CUUF intentionally reflect our values.

Realtor Update:

Jeff Lau and Christina Davitt met with a commercial realtor and the Board engaged him to do a three to six-month search for possible church properties. We also sent out letters to all of the local churches asking whether they might have space to share, swap or sell.

We are actively in budget planning season!

Your Board has its own line item in the budget to use for activities that board sets as a priority for the coming year. The board viewed a short video with David Marquet, the Navy sub commander and author of “Turn the Ship Around”, which we use in our Leadership Study Group, discussing the importance of investing in people who are in leadership roles. People often say they are reluctant to invest on people – because that is a long-term investment and they are not sure when they will see a return on their investment, if ever? What if we invest in training for our people and they leave? Well, what if they stay? Look around – what if these people here are the people you spend the rest of your church life with here at CUUF? Keeping this in mind, your Board passed a proposal for the board budget line that would prioritize investing in our people by providing as many opportunities as possible for church leaders to receive training.

We talked about moving to a mission-based budget – which is an exciting idea for the future so that how we use your church dollars truly reflects our mission to seek, embrace and serve.

The congregational covenant we've been working is now being shaped and molded by the hands and hearts of our artists, poets and musicians. I am so looking forward to seeing what they come up with!

Lastly, we talked about our plans for the Town Hall Meeting February 25: Six Year Program Goals which came out of extensive congregational input and collaboration.

Please contact me or any of the board members with your questions and comments. Thank you for your support. —Christina Davitt



A Mission Moment

By Jameson O'Neal

March Mission Moment:

Within the context of CUUF's mission, I would like to take a moment to recognize how our community has embraced me on my individual journey. As some of you are aware, I have many responsibilities outside CUUF. These engagements include serving on the Wenatchee Diversity Advisory Council, student teaching at Pioneer Middle School, studying as a full-time graduate school student, seasonal wildland firefighting, and learning how to be the best newlywed partner I can be. Throughout all of these endeavors, CUUF has supported me every step of the way. For that, I am extremely appreciative. The relationships I have built with my fellow CUUFers have taught me one valuable lesson; it is important to not just observe the *passage* of time, but to also recognize the *presence* of time in our lives.

Jameson O'Neal

FELLOWSHIP NEWS

CIRCLE SUPPERS

Circle Suppers are large potluck dinners held in the homes of Fellowship members and friends. They are a good way to socialize with other friends and members of CUUF while sharing a great meal.

March Circle Supper Saturday, March 17 @ 6pm

Host: Laurie Riegert
1213 South Hills Drive
Wenatchee
RSVP: 509-741-0426



Please RSVP to the hosts at least one day in advance, then bring a side dish, appetizer or dessert to share with 10-12 people and, if desired, a beverage of choice. Carpooling recommended if possible. Questions: Contact Jackie Halter 860-2978

Small Dinners— Small Dinners are potluck dinners for eight people, including host. They are held on Saturday evenings in the homes of CUUF members and friends. Sign up sheets to host or attend are on the red board on north wall at back of sanctuary. Questions: Contact Jackie Halter 860-2978.

March Small Suppers Saturday, March 3 @ 6pm

Attitude of Gratitude

from February 2018 Board Packet

THANKS!

Gracias!

Thank you to the following people:

- ♣ **Chris Rader**—for the delicious lunch you made and served for the Making Connections class.
- ♣ **Jeff Lau** and **Cedar Lau**—for donating and installing the new ceiling light fixture in the CUUF office and for donating and installing the LED lights in the sign outside.
- ♣ **Greeters** —these people make our fellowship so welcoming for new and old.

Chris Rader, chair

Deborah Bryant

Barbara Edwards

LeRoy Farmer

KC Kwak

Peggy Love

Sandy Limbeck

Tracy Maynard

Dawn McKenzie

Pam Toevs

John & Mary Ellen Rundell

Eliot and Tina Scull

Pat Taylor

Pat Whitfield

Vikki Williams

Merci!



Share The Plate – Hand in Hand Immigration Services Sun, March 18

The recipient for February was The Wellness Place and we raised \$581!
Thank you for your generosity!

The recipient in March will be Hand in Hand Immigration Services.

Hand in Hand is a trusted place where immigrants can get accurate, up-to-date information on the citizenship process, and clarification of their particular requirements for citizenship.

Adult RE Class

Popcorn Theology – “Harvest the Power” (Rescheduled from January) Fri, March 23, 6pm to 8pm, CUUF Sanctuary



Let's pop some popcorn and watch a movie! This is a great way to explore theological questions about ethics and morality as well as social justice. This month, we will watch the movie, “Harvest of Empire.” We will be joined by Colectiva Legal De Pueblo in sponsoring this film.

Harvest of Empire provides a rare and powerful glimpse into the enormous sacrifices and rarely-noted triumphs of our nation's growing Latino community. The film features present day immigrant stories, rarely seen archival material, as well as interviews with such respected figures as Nobel Peace Prize Laureate Rigoberta Menchú, the Reverend Jesse Jackson, ACLU Executive Director Anthony Romero, Pulitzer Prize-winning writer Junot Díaz, Mexican historian Dr. Lorenzo Meyer, journalists María Hinojosa and Geraldo Rivera, Grammy award-winning singer Luis Enrique, and poet Martín Espada.

UU Family Group

Friday, March 9 6pm to 8pm

Join us for a family potluck and activities. Please bring a dish to share for the potluck. We will have games for all to enjoy after we enjoy dinner together. All ages welcome.

NEWCOMER CHAT

Sun, March 18 Noon to 1pm, CUUF Sanctuary

If you are new to the Fellowship or have been visiting and want to learn more, then Newcomer Chats are the perfect opportunity for you to engage with us more. A light lunch and childcare is provided. We take this time to get to know you, share some basic information about our Fellowship, and answer any questions you may have.

FELLOWSHIP NEWS

April 21, 2018 Celebration Dinner “Growing Together”

Save the date for a fun evening of fellowship! Please mark your calendars for the celebration at the Wenatchee Valley Museum on Saturday evening.

All are welcome, including kids of all ages and newcomers to our fellowship – and it’s free! The doors will open at 5:30 for kids’ activities and socializing over drinks and appetizers. A lasagna dinner will be served at 6:15, with meat and vegetarian options, followed by dessert and entertainment. Appetizers and dessert are potluck, so please consider bringing one dish along with beer or wine – lemonade and water will be provided. Entertainment will be provided by CUUF members. Please contact Chris Rader if you’d like to perform: 888-0181, crader@nwi.net. We would love to have help setting up and preparing the dinner; volunteers please contact Leslie Marshall at 670-2957, lmarshall@ncrl.org. To sign up call or email event coordinator Nancy Warner at 881-1812 or nwarner@applecapital.net.



**No matter how young or old you are,
Go ahead and break out your dancing
shoes and come join the fun!**



MARCH 31, SAT. 7PM

@ Beehive Grange

4593 Squilchuck Rd,
Wenatchee, WA 98801-9484

Let’s have some fun!

With a social time and dance too!

Bring your family, invite your friends, and come spend an evening with your CUUF friends. There will be some snacks and beverages provided by the Fundraising Committee but you are invited to bring a snack to share. Music will be provided by DJ’s Steve Clem and Kmbris Bond. Dance instruction led by Chelan’s awesome Jen Phillips.

Fun for the whole family, whether you dance, OR NOT!

DANCE

Instruction provided!

Email 2 song suggestions to
Kmbris.bond@gmail.com

Bring a **SNACK** to share.

Suggested donation,
\$5 each or \$10 / Family

Laugh with
your friends!

BUDDHISTS' CORNER

Showing Up

Sharon Meho Petit and Todd Daiko Petit

On March 17 I will officially be given the title of Sensei or Zen teacher by Rev. Genjo Marinello, abbot of my Zen temple, Chobo-Ji. It is a formality in recognition of a role that I long ago assumed when Daiko and I became the leaders of the CUUF Zen Meditation Group in 2004 after the founding teacher, Douglas Ray, left. I have earned the position and now the title by simply showing up.



As we yet again live through another mass shooting, which sees 17 more beautiful children dead, I find it challenging to show up and do the next thing. In fact, that is really the only thing we can do, show up and do what is right in front of us, at **THIS VERY MOMENT**.

I never wanted to get up early on those Saturday mornings when I opened an empty church building and got out the cushions to welcome anyone who showed up for beginning Zen classes. Sometimes there was only one or two people, but it was important to be there for them. Once it was a woman walking across CUUF property heading for the river, depressed and with thoughts of dying on her mind. She noticed the open door and the sign and walked into the church, where I helped her get settled on a cushion. As I gave instruction on how to meditate and we settled in, she began to cry. I held her in silence for a short while and then rang the bell and clapped the clappers. Then I asked her about her tears. She told me about a lost love and being far from her home in Europe. She thanked me for being there and said, "You saved my life." She got up at end of our time and bowed, saying she was returning home to her country. The truth is I did nothing extra-ordinary. I simply showed up.

Zen practice is all about showing up in our own life, we sit in silence to find our True Selves, that part of ourselves beyond the Big Bang, that is, in Genjo's words, the Great Multi-dimensional Universe showing up as you and me. And as our CUUF maple tree. I am not special, Genjo is not special, Thich Nhat Hanh and the Dalai Lama are not special. We are here to get you to show up in *YOUR* life and the often hard work of doing the next thing that only you can do. That is how we can benefit all beings.

I invite you to come to the Zen retreat with Genjo Marinello Roshi on Saturday, March 17th (St Patrick's Day), beginning at 10:00 am and ending at 3:30 pm. The retreat will be held at the First United Methodist Church, 941 Washington Street in Wenatchee. My Sensei (teacher) ceremony will be after the end of Sesshin with a reception to follow. Details will be available in the next few weeks. You may also join us any Wednesday at 5:30 pm for practice.

Morning Meditation	9:00 am (setup)- Sit 9:30 to 10:15 am
Zen	5:30 pm to 6:30 pm
Tibetan	6:30 pm to 7:30 pm



Sharon Petit, shayknight@charter.net or 509-670-883



Pacific Western
Region



PWR 2018 Regional Assembly

Stories of Hope, Courage, Resistance, and Resilience April 27-29, 2018 - Lloyd Center DoubleTree in Portland, OR.

Register now!

Keynote speaker on Saturday, April 28, will be Congresswoman Pramila Jayapal. Jayapal is the first Indian-American woman to be elected to the U.S. Congress. Before being elected to represent Washington State's 7th District in 2016, Congresswoman Jayapal was an immigration and labor activist in Seattle.

Worship service on Sunday, April 29, will be led by the Rev. Vanessa Rush Southern, Senior Minister at the [First Unitarian Universalist Society of San Francisco](#). She is also the author of the UUA meditation manual [Miles of Dream](#).

Note: Previously the Sunday morning speaker was to have been Rev. Dr. William Barber, but he had a personal obligation emerge that created a scheduling conflict.

Rev. Susan Frederick-Gray, the newly elected president of the Unitarian Universalist Association, will speak to us to share her emerging vision for the future of the UUA and our wider movement.

Regional Assembly is for the Whole Family!

[The PWR Regional Assembly in Portland, Oregon](#) (April 27-29) has something for people of every age. In addition to the main programs for adults, we'll have a [UU Kids Camp for ages 5-14](#), a [Youth Assembly for ages 14-18](#), and [high-quality childcare for infants to age 4](#). Families can spend time together, too, sharing the experiences of the opening ceremony, the Sunday morning worship, mealtimes, and more. Because of our UU commitment to including children and youth, the PWR is covering much of the cost of the programs for young people. The registration fee is just a portion of what it costs for these engaging, inclusive, and faith-building programs.

The Pacific Western Regional Assembly promises to be an experience that deepens UU identity and fosters hope and resilience in people of all ages. [Register now and join us](#) in Portland this spring!

Registration Fees

- Adult: **\$180**
 - Young Adults (18-35) or Ministerial Aspirants, Retired Ministers & Partners: **\$120**
 - Youth (ages 14-18 AND in high school or equivalent): **\$90**
 - Child (ages birth-14): **\$30** Should be included on their parent/guardians' online registration.
- Walk-in (adults-only): **\$180**. No guarantee of meals. Minors cannot be accommodated without advance registration.

Fees include: All programming Friday night through Sunday noon; Saturday breakfast, lunch and dinner; Sunday breakfast.

WAKE NOW OUR VISION

COLLABORATIVE CAMPAIGN

Legacy Challenge

We are Unitarian Universalists. Together, we can change the world.

WELCOME TO A MOVEMENT that calls you to put more faith in yourself, your community, and your world.

We invite you to join us in the Wake Now Our Vision (WNOV) Collaborative Campaign Legacy Challenge. Simply put, our goal is to support one another in our work, so that we might become better, stronger, more effective institutions and congregations, capable of sharing our talents and expertise in the service of liberal religion.

The Legacy Challenge will strengthen the future of Unitarian Universalism through planned giving. You can help. Your planned gifts support our institutions and congregations in bringing people together and standing up for love and justice. Plus, thanks to a generous grant from the UU Congregation at Shelter Rock, new legacy gift intentions designating one or more of the WNOV partner institutions, or a UU congregation or fellowship, are eligible for a 10% matching cash gift, up to \$10,000.

10%

Your gift will be matched. A matching donation of 10% (up to \$10,000) will be made now to the UU organizations you designate.

Have a Question? I Can Help.

Laura Randall, Legacy Campaign Director | lrandall@uua.org | (617) 948-6511



The information contained herein is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor. Figures cited in examples are for hypothetical purposes only and are subject to change. References to estate and income taxes include federal taxes only. State income/estate taxes or state law may impact your results.

Groups & Programs

Book Group, Afternoon — *2nd Wednesday of each month, 1:30pm, at the home of Louise Buchanan.*

You are welcome to join in the discussion of the book of the month.

Contact Patty Ostendorff, 860-0761, postendorff@msn.com.

Book Group, Evening — *Every other Monday of each month, 7:00pm, alternating at the home of a group member. No meetings during June, July, and August.*

You are welcome to join for the discussion and reading of a non-fiction book.

Contact Emily Siroky, 884-9628, easiroky88@yahoo.com.

Choir — *Thursday preceding the 2nd Sunday of each month, September - June, 7:00pm, CUUF sanctuary*

The choir sings on special occasions and at least once a month during Sunday services.

Contact Larry Tobiska, at ltobiska@nwi.net or 881-5020; or Kmbris Bond, at kmbris.bond@gmail.com or (541) 953-4442.

Circle Suppers and Small Dinners — *Usually two Saturday evenings a month, September - June; July and August as scheduled; 6:00pm, at homes of CUUF members and friends, or at CUUF.*

CUUF members and friends are invited to bring a dish to share, and, if desired, a bottle of wine. A great chance to get to know one another better while savoring good food.

Contact Jackie Halter, 664-7032; Emily Siroky, 884-9628.

Covenant Groups — *Various days, times and meeting places.*

Small, supportive groups meet twice a month to reflect and share with each other. CUUF's Covenant Group mission: "To add depth and breadth to our spiritual experience through creating deeper, more meaningful relationships with individuals and building broader, more caring connections to church and community".

If you are interested in learning more or participating in a covenant group, please contact Rev. Laura Shennum.

Men's Group — *Last Wednesday of each month.*

Meeting at a variety of locations and times, as selected by the group, to fit the group's transitory interests.

Contact Larry Tobiska, at ltobiska@nwi.net or 881-5020.

Neighborhood Groups at CUUF!

CUUF is organized into nine neighborhood groups whose purpose is to introduce ourselves to people who live nearby, to build relationships in our congregation and to create mutual support and enjoyment. We Join for meals, activities, service projects, or whatever the group chooses to do! Come and meet your CUUF neighbors!

Contact our Neighborhood Groups Coordinators to join!

Carol & Don Oliver can be reached at 509-679-3308 or email Carol at clh.oliver@gmail.com

or Don at don62oliver@gmail.com

or the Office Assistant at 509-886-4023 or admin@cascadeuu.org

UU Family Group — *2nd Friday of the month, September—June, 6:00pm to 8:30pm*

Join us for a family potluck at the church.

Then, children will move to their own activities while parents have a discussion. Please bring a dish to share.

This group is facilitated by Rev. Laura Shennum.



March 2018



ALL EVENTS ARE HELD IN THE SANCTUARY UNLESS OTHERWISE NOTED.

For details of Sunday mornings and special events, see the newsletter. To schedule an event using CUUF facilities or to include your event on the calendar, contact the office assistant at 886-4023 or admin@cascadeuu.org.

[] indicate non-CUUF events or facility rentals. *Italicized entries indicate they occur off-site.*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
March Sermon Titles Mar 04 —Reasoning Away Our Senses Mar 11 —Celebrating Sensitivity Mar 18 —Losing Our Senses Mar 25 —Wired for Sound & Sight			Noon Every Tuesday Is Deadline For Order Of Service	1 6:30pm Worship Team Prep 7pm Covenant Group Meeting	2	3 9:00 am UU Navigators Class
4 10:30am Sunday Service RE K-5th Class [3:30pm Private Rental]	5 10:00 am Covenant Group	6 11:30 am Covenant Group Meeting 7pm Covenant Group Meeting	7 NO Minister's Coffee House Mela-Wen 6pm Youth Group	8 7pm Choir Practice	9 6pm UU Family Group	10
11 10:30am Sunday Service 12:30pm The Challenge of Jesus (offsite) [4pm Private Rental]	12 8:30am DM Clearness Circle 11:30am Pastoral Care Team 12pm Transylvania Conversation	13 6:30 Board Meeting	14 12—3pm Minister's Coffee House Mela-Wen 6pm Youth Group	15 7pm Worship Music Team Building 7pm Covenant Group Meeting 7:30pm Covenant Group Meeting	16 10:30am UU Explorers DEADLINE FOR APRIL NEWSLETTER	17 9am UU Explorers 2 6 pm Circle Supper
18 10:30am Sunday Service RE K-5th Class Share the Plate 12:30pm Newcomer's Chat 12:30pm The Challenge of Jesus (offsite) [4pm Private Rental]	19 10:00am Covenant Group Meeting	20 11:30 am Covenant Group Meeting	21 12—3pm Minister's Coffee House Mela-Wen 6pm Youth Group	22 6pm Finance Committee mtg	23 6pm-8pm Adult Popcorn Theology	24
25 10:30am Sunday Service 12pm Worship Team Mtg 12:30pm The Challenge of Jesus (offsite) [4pm Private Rental]	26	27 Noon Every Tuesday Is Deadline For OOS	28 12—3pm Minister's Coffee House Mela-Wen 6pm Youth Group	Minister's Coffee House Locations: Mela Coffee Roasting Co. 17 N Wenatchee Ave, Will be at this location every week until further notice.		31 7pm Community Dance at Bee Hive Grange

CUUF Leadership & Staff

CUUF MINISTER

Rev. Laura Shennum
 881-9658 | minister@cascadeuu.org

CUUF BOARD OF TRUSTEES

Christina Davitt, President 393-9467
 Jameson O’Neal, Vice President 293-3086
 Jeff Lau, Treasurer 886-8583
 Angela Morris, Secretary 667-1345
 Patty Ostendorff..... 860-0761
 Julie McAllister.....669-0246
 Vern Smith.....860-2008

CUUF RE DIRECTOR

Dylan Spradlin
 886-4023 | redirector@cascadeuu.org

CUUF OFFICE ASSISTANT

Sharon Page
 886-4023 | admin@cascadeuu.org

CUUF COMMITTEES AND TEAMS

BOARD COMMITTEES:

FINANCE COMMITTEE

Jeff Lau, Treasurer
 Luke Evans
 Paige Balling
 Laurie Rippon
 Mark Seman
 Steve Clem
 Rev. Laura Shennum

FUNDRAISING COMMITTEE

Anita Janis, Chair
 Carol Oliver
 Kmbris Bond
 Luke Rummell
 Heather Seman
 Emily Singky

GOVERNANCE COMMITTEE

Ben Knecht
 Carol Oliver
 Jaime Krish

NOMINATING COMMITTEE

Jaime Krish, Chair
 Heather Coonrod
 Mary Ellen Rundell

OTHER TEAMS & GROUPS:

BUILDING & GROUNDS TEAM

Doug Taylor, Chair - 470-6416
 Don Oliver

CUUF COMMITTEES AND TEAMS (continued)

CHALICE LIGHTER AMBASSADORS

Cathy Lau– 886-8583

GREETERS

Chris Rader, Chair - 888-0181
 Deborah Bryant
 Barbara Edwards
 LeRoy Farmer
 KC Kwak
 Peggy Love
 Sandy Limbeck
 Tracy Maynard
 Dawn McKenzie
 Pam Toevs
 John Rundell
 Mary Ellen Rundell
 Eliot Scull
 Pat Taylor
 Pat Whitfield
 Vikki Williams

MEMBERSHIP TEAM

Deb Bryant
 Sharon Page
 Dawn McKenzie
 Sandy Limbeck
 Rev. Laura Shennum

PACKING FRIENDSHIP

Teresa Gelb, Chair 663-8240

PASTORAL CARE ASSOCIATES

Lori Nitchals, Parish Nurse
 Carol Oliver
 Patty Ostendorff Leroy Farmer
 Betsy Peirce Jess Mills
 Pat Taylor Verna Zuttermeister

RELIGIOUS EXPLORATION

Dylan Spradlin, RE Director

SOCIAL ACTION TEAM

Toni Graf, Chair 253-468-6744

WORSHIP TEAM

Deborah Bryant, Chair
 Jim Bryant
 Chip Balling,
 Paige Balling
 Christina Davitt
 Rev. Laura Shennum
 Deb Miller
 Sharon Page
 Pam Toevs
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Pick up a printed calendar of events at the church's Greeters' table.
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To submit information for the CUUF Link

Contact:

Office Assistant

Phone: 886-4023

Email: admin@cascadeuu.org

Mail: CUUF, 1550 Sunset Highway N.,
East Wenatchee, WA 98802

Unitarian Universalism

There are seven principles which Unitarian Universalist congregations affirm and promote:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.

Unitarian Universalism draws from many sources:

- * Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- * Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- * Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- * Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- * Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- * Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.



Cascade Unitarian Universalist Fellowship

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